

This lesson series has been prepared for use in

# Home Group Meetings

*And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers.*

# Acts 2:42

## **Series 2: *Jesus: Head of the Church***

**Number of lessons: 5**

### **Focus of series:**

1. An explanation of the transparent interface through which Jesus connects with and ministers to His people.
2. A description of the nature of biblical headship, which includes oversight, support, and comfort.
3. This series teaches on these concepts in two ministries of headship: the elders as leaders of an assembly and fathers as the leaders of their homes.

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# Jesus: Head of the Church

*And He is the head of the body, the church...  
that in all things He may have the preeminence.*

**Colossians 1:18**

**To the teacher:** This series of lessons will focus on what it means to each of us personally that Jesus is the Head of the Church. As members of His body, we have a vested interest in understanding and cooperating with Him in His role as the Head. Learning what this means in a practical way is the focus of this series. This first lesson discusses the connection between the Headship of Jesus and the pastoral elders of a local assembly.

## Lesson 1. The Transparent Interface

### *Read Acts 14:22-23*

In the New Testament, the apostles placed each of the local assemblies they founded under the oversight of a team of pastoral elders. But why a team? Why not a single individual? There are several perspectives from which we might answer this question, but this lesson will focus on the connection between the work of elders and the Headship of Jesus Christ. Since the structure of anything is dependent upon its purpose, to understand *why* God established this structure of leadership we must first examine the purpose of an eldership.

Within the context of this lesson, the Headship of Jesus pertains to His leadership over a local body of believers as a corporate entity. Headship pertains to individual members only relative to their relationships and ministries within the body. In this context, the purpose of an eldership is to provide a local assembly with a *transparent interface* through which Jesus can fulfill His role as the Head of the Church.

The elders, as a group, reflect the Headship of Jesus to the assembly as a whole the way a husband, as an individual, reflects the Headship of Jesus to His family. This is not to say that the elders are the only means by which Jesus reveals and exercises His Headship in a local assembly, but they are a key means and one that needs to be understood by God's people.

An *interface* is a point of connection, a place where interaction and communication take place. Jesus may fill all space, but this does not mean He interacts and communicates in every place. In today's world He has chosen the Church to be His interface with lost mankind. As Paul wrote, God has chosen by the message preached to save those who believe (1 Corinthians 1:21). In this case, the one preaching is an interface between God and man.

Within a local assembly, the elders are a highly important interface, in particular when the body as a whole is concerned. It is through the elders and those with equipping gifts that Jesus connects with and directs each local body. This does not mean direction can never come from outside the local assembly or that elders should pay no attention to the ideas and messages of non-elders. It only means that the eldership is a principal interface, but certainly not the exclusive one.

Elders are to be more than a point of connection, however; they are to be a *transparent* point of connection. This is a vital component in the manifesting of Jesus to His people. The word *transparent* means having the property of transmitting light without appreciable scattering so that bodies lying beyond are entirely visible. The elders are there primarily to make Jesus entirely visible. This was Paul's intent when he wrote, *Imitate me, just as I also imitate Christ* (1 Corinthians 11:1). The idea is that Jesus become clearly visible as the Head of the Church.

The word *transparent* also means free from pretense or deceit; clear. This means that the faith and love of the elders must be pure, untarnished by carnal thinking or selfish motives. Their purpose is to accurately communicate the character, purposes, and ministries of Jesus Christ, not their own programs and agendas. The idea is that Jesus be provided with a free-flowing channel through which He can feed, lead, protect, care for, equip, and make Himself known to His people without being diminished, exaggerated, or distorted in any way.

## Discussion Points:

1. What are some New Testament verses that describe the work of the pastoral elders in a local assembly?

- Acts 20:17, 28-30 The elders shepherd the local church and protect it from evil men and false teachers.
- Titus 1:5-9 The elders exhort and convict by sound doctrine those who contradict.
- 1 Timothy 5:17 The elders rule (or lead) and teach the people the Word of God.
- 1 Thessalonians 5:12-13 The elders labor among the people.
- Hebrews 13:7 The elders rule (or lead) and teach the people the Word of God.
- Hebrews 13:17 The elders rule (or lead) and watch over the people of God.
- 1 Peter 5:1-3 The elders shepherd and oversee the flock, serving as examples.
- James 5:14 Pray for the sick.

2. In light of what these verses tell us, what should be your attitude toward the elders of the church?

- Look to the elders for leadership in our lives.
- Cooperate with and be submissive toward the elders as they lead the assembly.
- Open our hearts and minds to the teaching of the elders.
- Highly esteem the elders in love because of the importance of their work. Treat them as though they are extremely valuable.

- Learn from and follow the godly example of the elders.

- Call for the elders to pray for us when we are sick, especially when we are too sick to come to a meeting.

- Give the elders permission to watch over our lives and correct us when we go astray.

3. What does our attitude toward the ministry of the elders say about our relationship with Jesus?

- If we are unsubmitive and uncooperative with the leaders God has placed in our lives for our good, then we are actually being unsubmitive and uncooperative toward Jesus.

- To reject His leadership is to reject Him.

# Jesus: Head of the Church

*And He is the head of the body, the church...  
that in all things He may have the preeminence.*

**Colossians 1:18**

**To the teacher:** This lesson focuses on some of the characteristics of the Headship of Jesus which should be reflected in the ministry of pastoral elders. Members will be better able to submit to the ministry of the elders if they understand these characteristics and can observe them in operation.

## Lesson 2. The Nature of Headship

### *Read Colossians 2:19*

The only way we can understand the biblical concept of headship is to examine the purposes and ministry of Jesus: He is our example. Colossians 2:19 speaks of those who are holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God. The term holding fast ” means that we must lay hold of Him and refuse to let go. Just as a body must stay connected to its head, so must the body of Christ, including each member individually, stay connected to Jesus. Therefore, the biblical concept of headship involves **connectedness**.

As it pertains to an eldership, there must be a connectedness between the members of a local assembly and the elders overseeing the assembly. In other words, the elders cannot oversee from a distance any more than a head can communicate movements to a body if it is severed from it. Hence, Peter addressed his comments to the elders who are *among you...* (1 Peter 5:1). This phrasing indicates that Peter considered the elders to be in adult-to-adult relationship with all the members of the assembly. The fact that Jesus has revealed Himself as the Head testifies to the necessity of eye-level connectedness between elders and the believers they are leading.

### *Read Colossians 1:18*

In addition to connectedness, headship also speaks of **origination**. As the Head of the Church, Jesus is said to be the beginning and the firstborn (Colossians 1:18). In other words, Jesus is the One who took the initiative in getting the Church started. He is the author of our faith. He is also the One out of whom the Church comes forth.

Headship therefore involves **taking the initiative**. And just as the head of a river, being its source, gives water to the river, so it is that Jesus is said to have loved us and given Himself for us. This is to be the attitude of every team of pastoring elders. They must not lead passively or reactively, but must actively and proactively love the members of the assembly, being willing to very gladly spend and be spent for them (2 Corinthians 12:15). Like the Good Shepherd, they must lay down their lives for the sheep (John 10:15). This means that headship is founded in **love** and is preeminently something that is **given**.

When the Bible speaks of Jesus being the Head of His Church, it is not describing something He has taken upon Himself. It is describing something He **gives** to us. Headship has nothing to do with bossing or controlling people; it has everything to do with **giving**. God so loved the world that He gave.... (John 3:16).

As the Head, Jesus not only gives us saving grace, but He also gives us direction as a local assembly and the resources to fulfill His purpose. This is a great gift to us, since we do not know the future and are often unaware of our greatest needs. But Jesus knows all things and is able to make all things work together for our good.

We can see that in the example of Jesus Christ, headship involves...

1. The elders functioning in close and intimate relationships with the members of the assembly.
2. The elders rejecting passivity and taking the initiative in shepherding the flock.
3. The elders actively loving and freely giving of themselves to the people.

## **Discussion Points:**

1. Read John 15:1-8 and discuss what this passage tells us about living in a connected relationship with Jesus.
  - The branch must be connected to the vine to be alive.
  - The branch is dependent on the vine.
  - The branch is submitted to the vine.
2. What does it mean to be in an intimate relationship with the pastoral elders?
  - You are honest about yourself with the elders.
  - You are willing to receive the counsel and correction of the elders.
  - You are willing to tell the elders when you disagree with them and to discuss the matter in a mature way.
  - You are just as concerned about the well-being of the elders as they are about your well-being.
3. Why is it important that there be people around us who have the responsibility of taking the initiative?
  - Every activity has a starting point. Someone must have the authority to get things started, otherwise nothing will ever happen.
4. What would be the proper course of action if you felt that one of the pastoral elders was failing to freely love and give but was instead acting in a very self-centered way?
  - Pray for him and ask God for direction.

- Consider confronting the man in love about your observations.
- Consider speaking to the other elders about your concerns.
- Be open to the possibility that there may be factors that you are not aware of.

# Jesus: Head of the Church

*And He is the head of the body, the church...  
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**Colossians 1:18**

**To the teacher:** The book of Ephesians describes three aspects of the Headship of Jesus which should be reflected in the leadership of pastoral elders with respect to the local assembly and husbands with respect to their families. This lesson focuses on the meaning of oversight as it relates to headship. The other aspects of headship are support and comfort.

## Lesson 3. Headship as Oversight

### *Read Ephesians 1:22-23*

Ephesians 1:22 says that Jesus is the head over all things to the church, which is His body. From this perspective, the Head is the **Overseer** of the Church. As the interface for the Headship of Jesus, the elders are responsible for providing oversight, which includes watching over the well-being of the people and seeing that they are properly cared for.

In order to fulfill their oversight responsibilities, Jesus invests the elders with certain authority. This authority is not exercised by lording it over people, however, but through serving in love. Like Jesus, oversight authority is never exercised harshly or forcibly, but lovingly and for the benefit and blessing of the ones being overseen.

### *Read Philippians 2:5-9*

How did Jesus qualify to be raised up to the throne of heaven where He could sit as the Head and exercise authority over all things to the Church? Philippians tells us that He made Himself of no reputation, taking on the form of a bondservant, and humbled Himself and became obedient to the point of death, even the death of the cross. This is why God also has highly exalted Him and given Him the name which is above every name. It is important for us to recognize that Jesus qualified to oversee our lives by

laying down His life. This means that **humility** and **giving in love** are prerequisites of headship.

Paul, whose own life was modeled after the life of Jesus, wrote in Philippians 4:9, The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you. One of the responsibilities of oversight is providing an example to the ones who are being overseen. Peter instructed the elders to shepherd the flock of God which is among you, serving as overseers, not by compulsion but willingly, not for dishonest gain but eagerly; nor as being lords over those entrusted to you, but being examples to the flock (1 Peter 5:2-3). As a transparent interface for the Headship of Jesus, elders must provide the local assembly with an accurate and consistent example of what it means to be a truly spiritual person.

### *Read Hebrews 13:17*

Overseers watch over the growth and life activities of the assembly. But they don't do this passively or reactively. In other words, when something is not right, they step forward and deal with it. Elders are to be strong and courageous leaders, challenging their assemblies to deny ungodliness and worldly lusts and to live soberly, righteously, and godly in this present age. They must declare the truth boldly, pull down strongholds, and strip away all excuses for spiritual failure; yet they must always do so with gentleness, patience, and kindness, not brute force. This is what headship, oversight, and authority are all about.

The most important quality a man must have to provide effective oversight is *vision*. This means he must be alert and able to recognize threats and dangers. He must be aware of the needs of the people he is watching over.

## **Discussion Points:**

1. So far this series has focused more on how the Headship of Jesus is reflected to a local assembly through the work of the pastoral elders. Read 1 Corinthians 11:3 and discuss with your group how headship is reflected in a home by the husband-father.
  - A husband-father must watch over his family to protect them and provide for them.
  - A husband-father reflects the Headship of Jesus by humbly serving His family in love and giving himself for their well-being.
  - A husband-father teaches his family members by modeling his godly values.
  - A husband-father must be strong and must take the initiative in providing leadership for his family.
2. Today, many husbands and fathers are not providing strong leadership for their families. What are some reasons for this? What are some of the consequences?
  - Poor role models (TV, movies, etc.), materialism and selfishness, pleasure-seeking, divorce.
  - Children are harmed, women must try to make up the difference, the next generation is even worse off.
3. What are some other Scripture verses that teach Christians to be humble, strong, and hard-working?
  - Colossians 3:12; Ephesians 6:10; 1 Corinthians 15:58.

# Jesus: Head of the Church

*And He is the head of the body, the church...  
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**Colossians 1:18**

**To the teacher:** This lesson focuses support, which is the second aspect of the Headship of Jesus.

## Lesson 4. Headship as Support

*Read Ephesians 2:20-22 and 1 Corinthians 3:11*

As the Head of the Church, Jesus is also the foundational Cornerstone of the Church. This means that He is the One upon whom the Church rests and depends. He supports the Church. This shows us the second responsibility of headship, **support**.

The word *support* has several definitions including: to endure bravely or quietly; to promote the interests of someone; to uphold or defend as being valid or right; to assist; to help; to pay the costs of someone; to keep from losing courage; to keep something going.

As a transparent interface for the Headship of Jesus, elders must be there for the people —to sustain them and hold them up. People need to feel that they can rely on their elders during difficult times when they may feel like giving up. Elders must be able to guide them in finding hope and strength in Jesus by helping them to understand the spiritual dynamics of their trial.

Elders must understand that God sees His people as being like sheep: weak and vulnerable. This means that elders need to courageously bear the brunt of the challenges the local assembly is facing. Paul admonished the elders of Ephesus, "Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood" (Acts 20:28).

The Church is valuable to God; He paid a high price to purchase it. And He is not willing to let it fall apart. Therefore, the elders are to uphold and sustain the people they are watching over just as a shepherd does his sheep.

The most important quality a man must have to provide loving support is *strength*. This means he cannot be overly emotional. He must instead be resolute, determined, and steadfast. He must be able to hold himself together and be willing to endure hardship for the sake of those who are depending on him.

## Discussion Points:

1. A foundation supports, or holds up, a building. What are some other Bible passages that talk about the importance of a solid foundation?
  - Psalms 11:3; Proverbs 10:25; Isaiah 28:16; Luke 6:46-49; 2 Timothy 2:19; Hebrews 6:1-2.
2. Tell about a time when you would have completely fallen apart if someone hadn't been there to support you.
3. Explain to the group what kind of support you would like to have the next time you are going through a difficult situation.
4. Read Galatians 6:1-5. Discuss the difference between supporting someone who is going through a difficult situation (bear one another's burdens) and inappropriately carrying someone's basic responsibilities of life (bearing your own load).



# Jesus: Head of the Church

*And He is the head of the body, the church...  
that in all things He may have the preeminence.*  
Colossians 1:18

**To the teacher:** This lesson focus on comfort, which is the third aspect of the Headship of Jesus.

## Lesson 5. Headship as Comfort

### *Read Ephesians 5:25-29*

Ephesians says that husbands are to love their wives in exactly the same way that Jesus has loved the church and given Himself for her. Just as a man cares for his own body, he is to nourish and cherish his wife, just as the Lord does the church.

As the Overseer of the Church, Jesus is **over** His bride, watching over her and providing for her. As the Cornerstone of the Church, Jesus is **under** His bride, supporting her and holding her up. But as the loving Husband of the Church, Jesus is **close by her side**, loving her, comforting her, and caring for her. In fact, the Spirit of Jesus is called the Comforter, *parakletos*, which means "one who comes along side." This means that **comfort** is the third responsibility of headship.

To comfort means to be near for nourishing and cherishing. The word *nourish* means to feed, strengthen, or promote the growth of someone. The word *cherish* means literally to warm someone. It also means to brood over, to hold dear, to show affection, to cultivate with care and affection, or to harbor in the mind deeply and resolutely.

While oversight means watching over what the assembly is doing, comfort means doing things together. Today, many leaders are unwilling to relate laterally to the members of local assemblies, believing that such a relationship would diminish their authority or erode the people's respect. As a New Testament model, however, we see no such behavior

in the ministry of Paul. Instead we see him meeting in an upper room, teaching the people the Word of God into the wee hours of the night (Acts 20:7-9).

In the last chapter of the book of Acts, we see him inviting whoever was willing to come into his house to learn about Jesus. No, Paul was not aloof and aloft, but rather a willing participant in the life of the body right alongside the people, as an equal member of the assembly. He continually demonstrated by his actions his love and deep concern for the well-being of the people.

Paul wrote to the Philippians telling them, **Brethren**, join in following my example, and note those who so walk, as you have us for a pattern (Philippians 3:17). The people of God need more than teaching to be transformed into the image of Christ. They must also have spiritual people around them who can provide a pattern of spiritual life.

Hebrews 13:7 instructs, **Remember** those who rule over you, who have spoken the word of God to you, whose faith follow. The word *follow* literally means *imitate* or *imitate*. Like it or not, for good or for ill, the elders serve as the most conspicuous pattern for the members of a local assembly to imitate.

The most important quality a man must have to be able to provide meaningful comfort is *love*. This means he must genuinely care about the people he is watching over. It cannot be loving in word only, but also in deed and in truth.

### **A Gift of Love**

How did Jesus love the Church? By giving Himself for her on the cross —not because He wanted to suffer, but because He wanted the Church! Similarly, elders gain the respect and cooperation of the people they oversee by genuinely loving them and giving themselves for them.

Concerning the purpose and work of elders, we are **NOT** saying...

1. That elders should be closed and unreceptive to input from other members of the body.

2. That elders should micro-manage the lives of God's people.
3. That all aspects of body ministry must originate with the elders.
4. That those who are not elders cannot take any initiative.

The purpose of an eldership is not to control or dominate the people of God; it is not to form a new kind of clergy or erect an unbiblical wall of separation between the leaders and the led. It is rather to express the heart and character of Jesus to the people for the purpose of overseeing the spiritual life of the body, supporting the people in their trials and distresses, and comforting them in their spiritual development.

These purposes are achieved by feeding, leading, protecting, and equipping the saints for the work of ministry. The ultimate aim of the work of elders is that all believers be conformed to the image of Jesus and be responsive at all times to the leading of God's Spirit in ministry and body life. An eldership does not exist for its own sake, but for the sake of the body. It is a gift of love.

### **Discussion Points:**

1. Everything that we have learned about how the pastoral elders serve as a *transparent interface* for the Headship of Jesus to a local assembly can also be said of how a husband-father serves as the head of his home. This means that to be an effective and godly husband-father, a man must provide his family with oversight, support, and comfort. It means he must have vision, strength, and love. Discuss how family members should respond to the head of their home.
  - They should look to him for leadership, communicate with him, listen carefully to him, be submissive toward him, depend on him, lean on him, and draw close to him.
  - They should not give him grief, for that would be unprofitable for them.

2. When the Headship of Jesus is being fully reflected, whether in a home or a local assembly, everyone is surrounded by the presence of Jesus. As the Overseer He is over us, as the Cornerstone He is under us, and as the Husband of the bride He is at our side. Describe how knowing these things helps you to feel safer and more secure.
3. What can you do to help the pastoral-elders of our assembly be more effective?
4. If you are a husband-father, what have you learned that would make you a more effective head of your home?
5. If you are a wife, what have you learned that you could do better in the ways you respond to your husband as the head of your home?